



Individual Retirement Accounts Required Minimum Distributions (RMDs)



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Required Minimum Distributions (RMDs)	
IRAs including SEP, SIMPLE and SARSEP IRAs	Defined Contribution Plans (e.g. 401(k), profit-sharing, and 403(b) plans)
When do I take my first RMD (the required beginning date)?	
You must take your first RMD by April 1 of the year following the year in which you turn 70½, regardless of whether you are still employed.	April 1 of the year following the later of the year you turn 70 ½ or the year you retire (if allowed by your plan). If you are a 5% owner, you must start RMDs by April 1 of the year following the year you turn 70½.
When do I reach age 70½?	
You reach age 70½ on the date that is six calendar months after the date of your 70th birthday. See <i>Example #1</i> and <i>Example #2</i> , next page.	Same as IRA rule.
What is the deadline for taking subsequent RMDs after the first RMD?	
After the first RMD, you must take subsequent RMDs by December 31 of each year beginning with the calendar year containing your required beginning date. See <i>Example #3</i> , next page.	Same as IRA rule.
How do I calculate my RMD?	
Your RMD is generally determined by dividing the adjusted market value of your IRAs as of December 31 of the preceding year by the distribution period that corresponds with your age in the Uniform Lifetime Table. See <i>Uniform Lifetime Table</i> and <i>Joint Life and Last Survivor Expectancy Table</i> , next page.	Same as IRA rule. Your plan sponsor/administrator should calculate the RMD for you.
If your spouse is your sole beneficiary and is more than 10 years younger than you, you will use the Joint Life and Last Survivor Expectancy Table.	

Required Minimum Distributions (RMDs) continued	
IRAs including SEP, SIMPLE and SARSEP IRAs	Defined Contribution Plans
How should I take my RMDs if I have multiple accounts?	
If you have more than one IRA, you must calculate the RMD for each IRA separately each year. However, you may aggregate your RMD amounts for all of your IRAs and withdraw the total from one IRA or a portion from each of your IRAs. You do not have to take a separate RMD from each IRA.	If you have more than one defined contribution plan, you must calculate and satisfy your RMDs separately for each plan and withdraw that amount from that plan. Exception: If you have more than one 403(b) tax-sheltered annuity account, you can total the RMDs and then take them from any one (or more) of the tax-sheltered annuities.
May I withdraw more than the RMD?	
Yes, an IRA owner can always withdraw more than the RMD. You cannot apply excess withdrawals toward future years' RMDs.	Same as IRA rule.
May I take more than one withdrawal in a year to meet my RMD?	
You may withdraw your annual RMD in any number of distributions throughout the year, as long as you withdraw the total annual minimum amount by December 31 (or April 1 if it is for your first RMD).	Same as IRA rule.
What happens if I do not take the RMD?	
If the distributions to you in any year are less than the RMD for that year, you are subject to an additional tax equal to 50% of the undistributed RMD.	Same as IRA rule.



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Example #1: Your 70th birthday was June 30, 2019. You reached age 70½ on December 30, 2019. You must take your first RMD (for 2019) by April 1, 2020.

Example #2: Your 70th birthday was July 1, 2019. You reached age 70½ on January 1, 2020. You do not have an RMD for 2019. You must take your first RMD (for 2020) by April 1, 2021.

Example #3: You turn 70½ on July 15, 2019. You must take your first RMD, for 2019, by April 1, 2020. You must take your second RMD, for 2020, by December 31, 2020 and your third RMD, for 2021, by December 31, 2021.

Uniform Lifetime Table

Age	Distribution Period	Age	Distribution Period	Age	Distribution Period
70	27.4	81	17.9	91	10.8
71	26.5	82	17.1	92	10.2
72	25.6	83	16.3	93	9.6
73	24.7	84	15.5	94	9.1
74	23.8	85	14.8	95	8.6
75	22.9	86	14.1	96	8.1
76	22.0	87	13.4	97	7.6
77	21.2	88	12.7	98	7.1
78	20.3	89	12.0	99	6.7
79	19.5	90	11.4	100	6.3
80	18.7				

For ages not listed in this table, see IRS Pub. 590-B for the complete table.

Joint Life and Last Survivor Expectancy Table

Age	40	41	42	43	44	45	46	47	48	49
70	44.0	43.1	42.2	41.3	40.3	39.4	38.6	37.7	36.8	35.9
71	44.0	43.0	42.1	41.2	40.3	39.4	38.5	37.6	36.7	35.9
72	43.9	43.0	42.1	41.1	40.2	39.3	38.4	37.5	36.6	35.8
73	43.9	43.0	42.0	41.1	40.2	39.3	38.4	37.5	36.6	35.7
74	43.9	42.9	42.0	41.1	40.1	39.2	38.3	37.4	36.5	35.6
75	43.8	42.9	42.0	41.0	40.1	39.2	38.3	37.4	36.5	35.6
76	43.8	42.9	41.9	41.0	40.1	39.1	38.2	37.3	36.4	35.5
77	43.8	42.9	41.9	41.0	40.0	39.1	38.2	37.3	36.4	35.5
78	43.8	42.8	41.9	40.9	40.0	39.1	38.2	37.2	36.3	35.4
79	43.8	42.8	41.9	40.9	40.0	39.1	38.1	37.2	36.3	35.4
80	43.7	42.8	41.8	40.9	40.0	39.0	38.1	37.2	36.3	35.4

Age	50	51	52	53	54	55	56	57	58	59
70	35.1	34.3	33.4	32.6	31.8	31.1	30.3	29.5	28.8	28.1
71	35.0	34.2	33.3	32.5	31.7	30.9	30.1	29.4	28.6	27.9
72	34.9	34.1	33.2	32.4	31.6	30.8	30.0	29.2	28.4	27.7
73	34.8	34.0	33.1	32.3	31.5	30.6	29.8	29.1	28.3	27.5

Joint Life and Last Survivor Expectancy Table continued

Age	50	51	52	53	54	55	56	57	58	59
74	34.8	33.9	33.0	32.2	31.4	30.5	29.7	28.9	28.1	27.4
75	34.7	33.8	33.0	32.1	31.3	30.4	29.6	28.8	28.0	27.2
76	34.6	33.8	32.9	32.0	31.2	30.3	29.5	28.7	27.9	27.1
77	34.6	33.7	32.8	32.0	31.1	30.3	29.4	28.6	27.8	27.0
78	34.5	33.6	32.8	31.9	31.0	30.2	29.3	28.5	27.7	26.9
79	34.5	33.6	32.7	31.8	31.0	30.1	29.3	28.4	27.6	26.8
80	34.5	33.6	32.7	31.8	30.9	30.1	29.2	28.4	27.5	26.7
81	34.4	33.5	32.6	31.8	30.9	30.0	29.2	28.3	27.5	26.6
82	34.4	33.5	32.6	31.7	30.8	30.0	29.1	28.3	27.4	26.6
83	34.4	33.5	32.6	31.7	30.8	29.9	29.1	28.2	27.4	26.5
84	34.3	33.4	32.5	31.7	30.8	29.9	29.0	28.2	27.3	26.5
85	34.3	33.4	32.5	31.6	30.7	29.9	29.0	28.1	27.3	26.4

Age	60	61	62	63	64	65	66	67	68	69
70	27.4	26.7	26.1	25.4	24.8	24.3	23.7	23.2	22.7	22.2
71	27.2	26.5	25.8	25.2	24.5	23.9	23.4	22.8	22.3	21.8
72	27.0	26.3	25.6	24.9	24.3	23.7	23.1	22.5	22.0	21.4
73	26.8	26.1	25.4	24.7	24.0	23.4	22.8	22.2	21.6	21.1
74	26.6	25.9	25.2	24.5	23.8	23.1	22.5	21.9	21.3	20.8
75	26.5	25.7	25.0	24.3	23.6	22.9	22.3	21.6	21.0	20.5
76	26.3	25.6	24.8	24.1	23.4	22.7	22.0	21.4	20.8	20.2
77	26.2	25.4	24.7	23.9	23.2	22.5	21.8	21.2	20.6	19.9
78	26.1	25.3	24.6	23.8	23.1	22.4	21.7	21.0	20.3	19.7
79	26.0	25.2	24.4	23.7	22.9	22.2	21.5	20.8	20.1	19.5
80	25.9	25.1	24.3	23.6	22.8	22.1	21.3	20.6	20.0	19.3
81	25.8	25.0	24.2	23.4	22.7	21.9	21.2	20.5	19.8	19.1
82	25.8	24.9	24.1	23.4	22.6	21.8	21.1	20.4	19.7	19.0
83	25.7	24.9	24.1	23.3	22.5	21.7	21.0	20.2	19.5	18.8
84	25.6	24.8	24.0	23.2	22.4	21.6	20.9	20.1	19.4	18.7
85	25.6	24.8	23.9	23.1	22.3	21.6	20.8	20.1	19.3	18.6

For age combinations not listed in this table, see IRS Pub. 590-B for the complete tables.

Age	70	71	72	73	74	75
80	18.7	18.1	17.5	16.9	16.4	15.9
81	18.5	17.9	17.3	16.7	16.2	15.6
82	18.3	17.7	17.1	16.5	15.9	15.4
83	18.2	17.5	16.9	16.3	15.7	15.2
84	18.0	17.4	16.7	16.1	15.5	15.0
85	17.9	17.3	16.6	16.0	15.4	14.8

Contact Us

There are many events that occur during the year that can affect your tax situation. Preparation of your tax return involves summarizing transactions and events that occurred during the prior year. In most situations, treatment is firmly established at the time the transaction occurs. However, negative tax effects can be avoided by proper planning. Please contact us in advance if you have questions about the tax effects of a transaction or event, including the following:

- Pension or IRA distributions.
- Significant change in income or deductions.
- Job change.
- Marriage.
- Attainment of age 59½ or 70½.
- Sale or purchase of a business.
- Sale or purchase of a residence or other real estate.
- Retirement.
- Notice from IRS or other revenue department.
- Divorce or separation.
- Self-employment.
- Charitable contributions of property in excess of \$5,000.

This brochure contains general information for taxpayers and should not be relied upon as the only source of authority. Taxpayers should seek professional tax advice for more information.